

## **Joan Wilmot**

After obtaining a B.A.Hons in German and English at London University Joan trained as a mental health social worker and residential social worker. She worked in the Richmond Fellowship therapeutic community and staff training house from 1972 – 1979 and attended their two year part time in-house training in therapeutic community work, group work and group dynamics. During this period she was also attending trainings in humanistic psychology including Gestalt, Reichian body work, psychodrama, birth and regression work and psychosynthesis. Along with her colleagues, Peter Hawkins and Robin Shohet she was responsible for the programme of community care for 24 residents and delivering and developing supervision in the Richmond Fellowship.

In 1979 Joan, Peter and Robin and later Judy Ryde, founded the Centre for Supervision and Team Development (CSTD) and developed the seven-eyed model. In 1989 Supervision in the Helping Professions; Hawkins P. and Shohet R. was published and is now in its fourth edition with contributions from Judy Ryde and Joan Wilmot. It has been described as a seminal text in supervision and the seven-eyed model has become one of the most widely taught models of supervision. She has also contributed chapters in Passionate Supervision and Supervision as Transformation both edited by Robin Shohet. She is currently writing a chapter for Modern Families Beyond the Nuclear: edited by Claire Asherson Bartram.

Over the forty years that I have been supervising and training people to become supervisors, my wish and passion has crystallised two fold; firstly to take the fear out of work so that we do the work we love and love the work we do; and secondly how work instead of being something in competition with ourselves and each other, an addiction, a soul destroying drain and a separation, becomes an expression of, and experienced as, an integral part of our own, our families, our communities and our common humanity's development, creativity and transformation. My journey so far with my own work, work mates, trainees, supervisees, family, extended family, husband, children, grandchildren, sister, friends, fellow travellers, ancestors and myself has enriched me enormously as I hope I have theirs.

With much love and gratitude  
Joan Wilmot Shohet.